

Adult, Child, & Infant Cardiopulmonary Resuscitation (CPR) with First Aid and Automated External Defibrillator (AED) Training

This class is of utmost importance as it provides adult, child, and infant cardiopulmonary resuscitation training to lay rescuers responding to cardiac emergencies in the community. The class content is comprehensive, covering the chain of survival, early recognition, and management of a victim with a heart attack, rescue breathing, one-rescuer CPR, and relief of airway obstruction. During the First Aid section, lay rescuers learn how to identify and care for victims of common traumatic, medical, and environmental emergencies in the community setting. Instruction includes performing a secondary survey and activating the emergency medical services system. AED training includes developing the physical skills to render aid and the knowledge to make appropriate decisions regarding the aid you provide. Training includes a physical step-by-step on using an AED and CPR simultaneously and scenarios to practice AED use. At the end or during the training, you will be assessed regarding your competency to provide aid in an emergency.

Those who qualify are awarded a two-year-valid First Aid/CPR/AED card. Remember, punctuality and full attendance are crucial for the best learning experience.

First Aid/CPR/AED Training is offered 3-4 times a year; pre-registration is required, and class size is limited. This class is free for San Francisco State University community members.

To register: To arrange First Aid/CPR/AED training for your department or staff, email the Environment, Health, and Safety (EHS) Department at sfehs@sfsu.edu to schedule hands-on training. Alternatively, you may call EHS at (415) 338-2565.

To withdraw: Email jmadigan@sfsu.edu at least three business days before the class date. **Registered participants who do not attend** will be charged \$100 for each no-show. Another staff member may replace the registered participant if necessary.